



# Fibromyalgia & Chronic Pain Support Group

A Community Interest Company (CIC)  
Registered In England And Wales (16493577)



We are a peer support group offering support to individuals diagnosed with Fibromyalgia and/or comparable chronic pain/fatigue conditions. Our services extend across the East Norfolk and North-East Suffolk area.

Our goal is to provide a relaxed and safe space where people can share and discuss their experiences of living with a chronic illness.

**Meetings held on the 3rd Tuesday of every month  
11.00am to 1.00pm  
Disability Advice North East Suffolk  
161 Rotterdam Road, Lowestoft, NR32 2EZ**

For more info:

Visit our website - [www.gygfibro.org.uk](http://www.gygfibro.org.uk)

E-mail - [gygfibro@gmail.com](mailto:gygfibro@gmail.com)

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